

# Ephesians 5 Romance: The Truth About Love

by Dr. Debi Smith

## COUPLE'S DAILY DEVOTION & DISCUSSION GUIDE

Order the book from [Amazon.com](https://www.amazon.com)

I recommend that each person have his/her own copy to highlight and/or take notes in the margins for further study and discussion.

Men take the lead:

1. Set aside a time each day to read a chapter aloud.  
You can take turns reading if you like, but you need to be the one to get things going. It will make her feel loved & cherished.
2. Following each chapter, guide your discussion using the framework below.

### PART 1: YOUR LOVE STORY MATTERS

#### Chapter 1: Once Upon a Time

1. Ask your bride, "What part of the story stood out to you most?"
2. Then ask her, "What were you feeling as you listened?"
3. Share with her the part of the story that stood out most to you.
4. Tell her what feelings came up for you as you were reading.
5. Summarize the differences in how you each experienced the story.

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#### Chapter 2: How to Write a Love Story

1. Ask your bride, "What part of the story stood out to you most?"
2. Then ask her, "What were you feeling as you listened?"
3. Share with her the part of the story that stood out most to you.
4. Tell her what feelings came up for you as you were reading.
5. Summarize the differences in how you each experienced the story.

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## PART 2: OUR FATHER'S LOVE STORY

### Chapter 3: In the Beginning

1. Ask your bride, "What were you taught about the Creation Story?"
2. Then play it back to her: "You said, ' \_\_\_\_\_.'"
3. Ask her these two questions:
  - Did I get it right?
  - Did I miss anything?
4. Make any necessary corrections to your playback until she's satisfied that you heard her correctly.
5. Tell her what you were taught about the Creation Story.
6. Ask her to play back what she heard: "You said, ' \_\_\_\_\_.'"
7. Let her know if she got it right & whether she missed anything.

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### Chapter 4: Falling for the Lie

1. Ask your bride, "How do you picture this scene?"
2. Then play it back to her: "You said, ' \_\_\_\_\_.'"
3. Ask her these two questions:
  - Did I get it right?
  - Did I miss anything?
4. Make any necessary corrections to your playback until she's satisfied that you heard her correctly.
5. Tell her how you picture this scene. Give as much detail as you can.
6. Ask her to play back what she heard: "You said, ' \_\_\_\_\_.'"
7. Let her know if she got it right & whether she missed anything.

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## Chapter 5: Living Under the Curse

1. Ask your bride, "How do you think the curse is played out or doesn't play out in relationships today?"
2. Then play it back to her: "You said, ' \_\_\_\_\_.'"
3. Ask her these two questions:
  - Did I get it right?
  - Did I miss anything?
4. Make any necessary corrections to your playback until she's satisfied that you heard her correctly.
5. Tell her how you think the curse is played out or doesn't play out in relationships today.
6. Ask her to play back what she heard: "You said, ' \_\_\_\_\_.'"
7. Let her know if she got it right & whether she missed anything.

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## Chapter 6: Heaven Comes to Earth

1. Ask your bride, "What part of the story stood out to you most?"
2. Then ask her, "What were you feeling as you listened?"
3. Then play it back to her: "You said, ' \_\_\_\_\_.'"
4. Ask her these two questions:
  - Did I get it right?
  - Did I miss anything?
5. Make any necessary corrections to your playback until she's satisfied that you heard her correctly.
6. Share with her the part of the story that stood out most to you.
7. Tell her what feelings came up for you as you were reading.
8. Ask her to play back what she heard: "You said, ' \_\_\_\_\_.'"
9. Let her know if she got it right & whether she missed anything.

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## Chapter 7: The Spirit of Truth Abides

1. Ask your bride, "Who is Jesus to you?"
2. Then play it back to her: "You said, ' \_\_\_\_\_.'"
3. Ask her these two questions:
  - Did I get it right?
  - Did I miss anything?
4. Make any necessary corrections to your playback until she's satisfied that you heard her correctly.
5. Share with her who Jesus is to you.
6. Ask her to play back what she heard: "You said, ' \_\_\_\_\_.'"
7. Let her know if she got it right & whether she missed anything.

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## PART 3: THE PSYCHOLOGY OF RELATIONSHIPS

### Chapter 8: Your Longing for Love

1. Ask your bride, "What were you taught about Romance?"
2. Then play it back to her: "You said, ' \_\_\_\_\_.'"
3. Ask her these two questions:
  - Did I get it right?
  - Did I miss anything?
4. Make any necessary corrections to your playback until she's satisfied that you heard her correctly.
5. Share with her what you were taught about Romance.
6. Ask her to play back what she heard: "You said, ' \_\_\_\_\_.'"
7. Let her know if she got it right & whether she missed anything.

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## Chapter 9: Attached and Attuned

1. Ask your bride, "What do you think your attachment style is and why?"
2. Then play it back to her: "You said, ' \_\_\_\_\_.'"
3. Ask her these two questions:
  - Did I get it right?
  - Did I miss anything?
4. Make any necessary corrections to your playback until she's satisfied that you heard her correctly.
5. Share with her what you think your attachment style is and why.
6. Ask her to play back what she heard: "You said, ' \_\_\_\_\_.'"
7. Let her know if she got it right & whether she missed anything.
8. Use the "playback" method you've been using throughout to facilitate a discussion of the interactions between your current attachment styles.

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**NOTE: This Guide is a work-in-progress.  
So please check back tomorrow for the next installment.**